

Exploring the Nature and Prevention of Bullying

Links to Additional Resources

Below are just some of the bullying prevention resources that you can access via the World Wide Web. For information about resources in your area, you may want to consult with staff at your local or regional prevention center and departments of education and public health.

- Organizations
 - Bullying Prevention Web Sites
 - Diversity and Bias Awareness Web Sites
- Publications
 - Books and Guides Reports and Fact Sheets
- Videos and CD-ROMs
- Evidence-Based Prevention Programs
 - Programs Mentioned in This Event
 - Federal Program Review Web Sites
 - National Program Review Reports

Organizations

- **Bullying Prevention Web Sites**

Bully B'Ware (Canada)
www.bullybeware.com/

Bully Free Kids
www.bullyfreekids.com/

Bully Police U.S.A., Inc.
www.bullypolice.org/

Bullyfreeworld (United Kingdom)
www.bullyfreeworld.com/

Bullying.Org -- Where No One is Alone (Canada)
www.bullying.org

Bullying. No Way! (Australia)
www.bullyingnoway.com.au/

Center for Mental Health in Schools
smhp.psych.ucla.edu

Center for the Study and Prevention of Violence
www.colorado.edu/cspv/index.html

Childline (United Kingdom)
www.childline.org.uk/

Coalition for Children
www.safechild.org/

Collaborative for Academic, Social, and Emotional Learning
www.casel.org/

Colorado Anti-Bullying Project
www.no-bully.com/index.html

Don't Suffer in Silence (United Kingdom)
www.dfes.gov.uk/bullying/index.shtml

Kidscape (United Kingdom)
www.kidscape.org.uk/

National Association of School Psychologists
www.nasponline.org/

National Bullying Prevention Campaign
www.stopbullyingnow.hrsa.gov

National Center for Mental Health Promotion and Youth Violence Prevention
www.promoteprevent.org/

National Education Association's National Bullying Awareness Campaign
www.nea.org/schoolsafety/bullying.html

National Resource Center for Safe Schools
www.safetyzone.org/

National Youth Violence Prevention Resource Center
www.safeyouth.org

Parents' Point of View
www.jaredstory.com/
www.powerofonefoundation.org

Safe and Civil Schools Department
www.ncesd.org/SDFS/home.htm

Safe Culture Project: Effective Prevention of Bullying
www.safeculture.com/

Safeguarding Your Children at School, National PTA
www.pta.org/programs/syysch.htm

The Stop Bullying Project
www.stopbullyingnow.com

- **Diversity and Bias Awareness Web Sites**

Anti-Defamation League
www.adl.org/adl.asp

Center for the Prevention of Hate Violence
www.cphv.usm.maine.edu/

Center for Research on Education, Diversity & Excellence
www.crede.ucsc.edu

Civil Rights: A Social Justice Network
www.civilrights.org/

Gay Lesbian Straight Education Network
www.glsen.org/

Human Rights Campaign
www.hrc.org/

Human Rights Watch
www.hrw.org/

Lambda Legal
www.lambdalegal.org/

National Association for Multicultural Education
www.nameorg.org/

National Center for Hate Crime Prevention
www.edc.org/HHD/hatecrime/id1.htm

National Conference for Community and Justice
www.nccj.org/

Not in Our Town
www.pbs.org/niot/

Partners Against Hate
www.partnersagainsthate.org/

Southern Poverty Law Center
www.splcenter.org/

Publications

- Books and Guides

- Beane, A.L. (1999). *The Bully Free Classroom*. Minneapolis, MN: Free Spirit Publishing.
- Besag, V.E. (1989). *Bullies and Victims in Schools. A Guide to Understanding and Management*. Berkshire, England: Open University Press.
- Coloroso, B. (2003). *The Bully, the Bullied, and the Bystander: From Preschool to High School, How Parents and Teachers Can Help Break the Cycle of Violence*. New York: HarperResource.
- Espelage, D. & Swearer, S. M. (Eds.) (2003). *Bullying in American Schools: A Social-Ecological Perspective on Prevention and Intervention*. Mahwah, NJ: Lawrence Erlbaum Associates, Inc. Fine, E. S., Lacey, A., and Baer, J. (1995). *Children as Peacemakers*. Portsmouth, NH: Heinemann.
- Fitzgerald, D. (1999). *Bullying in Our Schools: Understanding & Tackling Bullying - A Guide for Schools*. Dublin, Ireland: Blackhall Publishing Ltd.
- Fried, S. & Fried, P. (1996). *Bullies & Victims: Helping Your Child Through the Schoolyard Battlefield*. New York: M. Evans and Company.
- Froschl, M., Sprung, B., & Mullin, N. (1998). *Quit It!: A Teacher's Guide on Teasing & Bullying*. New York: Educational Equity Concepts, Inc.
- Garrity, C., Jens, K., Porter, W., Sager, N., and Short-Camilli, C. (1996). *Bully-Proofing Your School*. Longmont, CO: Sopris West Publishers.
- Greenbaum, S., Turner, B., & Stephens, R.D. (1996). *Set Straight on Bullies*. Westlake Village, CA: National School Safety Center.
- Hoover, J. & Oliver, R. (1996). *The Bullying Prevention Handbook: A Guide for Principals, Teachers, and Counselors*. Bloomington, IN: National Education Service.
- Miller, S., Brodine, J., & Miller, T. (Eds.). (1996). *Safe by Design: Planning for Peaceful School Communities*. Seattle, WA: Committee for Children.
- Olweus, D. (1993). *Bullying at School: What We Know and What We Can Do*. Williston, VT: Blackwell Publishers.
- Olweus, D., Limber, S., & Mihalic, S. (1999). *Blueprints for Violence Prevention, Book Nine: Bullying Prevention Program*. Boulder, CO: Center for the Study and Prevention of Violence.
- Rigby, K. (1997). *Bullying in Schools: And What to Do About It*. London: Jessica Kingsley Publishers.
- Rigby, K. (2001). *Stop the Bullying: A Handbook for Schools*. Markham, Ontario, Canada: Pembroke Publishers.

Ross, D. M. (2003). *Childhood Bullying and Teasing: What School Personnel, Other Professionals, and Parents Can Do (2nd ed.)*. Alexandria, VA: American Counseling Association.

Sharp, S. & Smith, P.K. (Eds.) (1994). *Tackling Bullying in Your School*. New York: Routledge.

Silverman, C. (1994). *Safe at School: Awareness and Action for Parents of Kids K-12*. Minneapolis, MN: Saunders Free Spirit Publishing Inc.

Smith, P. K., Pepler, D., & Rigby, K. (Eds.). (in press). *Bullying in Schools: How Successful Can Interventions Be?* Cambridge, England: Cambridge University Press.

Stein, N., Sjostrom, L., & Gaberman, E. (1996). *Bullyproof: A Teacher's Guide on Teasing and Bullying for Use With Fourth and Fifth Grade Students*. Wellesley, MA: Centers for Women.

Webster-Doyle, T. (1999). *Why Is Everybody Always Picking On Me? A Guide to Handling Bullies*. New York: Weatherhill.

Wetton, N. & Boddington, N. (1998). *Schools Without Fear: A Realistic Guide to Tackling Bullying as a Whole School Issue*. London: Forbes Publications Ltd.

Zarzour, K. (1999). *The Schoolyard Bully: How to Cope with Conflict and Raise an Assertive Child*. Toronto, Ontario, Canada: Harper Collins.

Click here for a list of books on Violence & Bullying in Schools from Parentbooks in PDF format.

- **Reports and Fact Sheets**

Addressing the Problem of Juvenile Bullying
www.ncjrs.org/pdffiles1/ojdp/fs200127.pdf

Annual Report on School Safety
www.ncjrs.org/pdffiles1/ojdp/193163.pdf

Best Practices of Youth Violence Prevention: A Sourcebook for Community Action
www.cdc.gov/ncipc/dvp/bestpractices.htm

Bullying at School: Indicators of School Crime and Safety, 2003
nces.ed.gov/pubs2004/crime03/6.asp?nav=1

Combating Fear and Restoring Safety in Schools
www.ojdp.ncjrs.org/jjbulletin/9804/contents.html

Early Warning, Timely Response: A Guide to Safe Schools
www.ed.gov/offices/OSERS/OSEP/Products/earlywrn.html

The Final Report and Findings of the Safe School Initiative: Implications for the Prevention of School Attacks in the United States
www.secretservice.gov/ntac/ssi_final_report.pdf

A Guide to Effective Statewide Laws/Policies: Preventing Discrimination Against LGBT Students in K-12 Schools www.lambdalegal.org/binary-data/LAMBDA_PDF/pdf/61.pdf

Preventing Bullying: A Manual for Schools and Communities
www.edpubs.ed.gov/webstore/Content/search.asp

Preventing Youth Hate Crime
www.ed.gov/pubs/HateCrime/start.html

Safeguarding Our Children: An Action Guide
www.ed.gov/offices/OSERS/OSEP/Products/ActionGuide/

Schoolwide Prevention of Bullying
www.nwrel.org/request/dec01/

Threat Assessment in Schools: A Guide to Managing Threatening Situations and to Creating Safe School Climates
www.secretservice.gov/ntac/ssi_guide.pdf

Youth Violence: A Report of the Surgeon General
www.surgeongeneral.gov/library/youthviolence/

Videos and CD-ROMs

The Broken Toy [video] by Thomas Brown. Available from the Educational Media Corporation, Box 21311, 4256 Central Avenue NE, Minneapolis, MN 55421, (612) 781-0088.

Bully Breath: How to Tame a Troublemaker [video]. Available from The National Center for Violence Prevention, PO Box 9, 102 Highway 81 North, Calhoun, KY 42327, 1 (800) 962-6662.

Bullying [video], and the accompanying Teacher Guidebook (1996). Available from South Carolina Educational Television, Marketing Department, PO Box 1100, Columbia, SC 29211, 1 (800) 553-7752. List price: \$69.95.

Bullying at School: Strategies for Prevention [video] produced by the Toronto Board of Education. Available from King Squire Films Ltd.; 94 Borden Street, Toronto, Ontario, Canada M5S2N1.

Highway 81 North, Calhoun, KY 42327, 1 (800) BullySmart [video]. Available from The National Center for Violence Prevention, PO Box 9, 102 962-6662.

Dealing With Difference: Opening Dialogue about Lesbian, Gay & Straight Issues [video and print package]. Available from the Gay, Lesbian and Straight Education Network (www.glsen.org), 121 West 27 Street, Suite 804, New York, NY 10001; ATTN: Bookstore; (212) 727-0135 x108. List price: \$139.95; Currently available for \$99.95.

Don't Pick On Me! [video]. Available from The National Center for Violence Prevention, PO Box 9, 102 Highway 81 North, Calhoun, KY 42327, 1 (800) 962-6662.

How I Learned Not to Be Bullied [video]. Available from The National Center for Violence Prevention, PO Box 9, 102 Highway 81 North, Calhoun, KY 42327, 1 (800) 962-6662.

Leadership Skills: Bystanders Can Make a Difference [CD-ROM]. Available from The Interactive Library Series (www.interactivelibraryseries.com/about.htm), 1 (727) 459-4314, e-mail: cdromproducer03@hotmail.com.

Let's Get Real [film]. Available from "The Respect for All Project" of Women's Educational Media (www.womedia.org/letsgetreal.htm).

No More Teasing! [video]. Available from The National Center for Violence Prevention, PO Box 9, 102 Highway 81 North, Calhoun, KY 42327, 1 (800) 962-6662.

Real People: What's Hate All About [video]. Available from Sunburst Communications, 101 Castleton Street, P.O. Box 100, Pleasantville, NY 10570, 1 (800) 321-7511. Uses an MTV-style format featuring real teens, experts, and educators to help young people understand this dangerous human emotion.

Sticks, Stones, and Stereotypes [video]. Available from Equity Institute, Inc., P.O. Box 458, Amherst, MA 01004. This video focuses on homophobic, racial and ethnic slurs, the anguish they cause, why young people participate in name-calling, and what they can do to stop it.

Evidence-Based Prevention Programs

- Programs Mentioned in This Event

Aggressors, Victims, and Bystanders
www.thtm.org/

Bullying Prevention Program
www.clemson.edu/olweus/index.html

The Child Development Project
www.devstu.org/cdp/

Don't Laugh at Me
www.operationrespect.org/

The High/Scope Perry Preschool Project
www.highscope.org/

The Incredible Years
www.incredibleyears.com/

Linking the Interests of Families and Teachers (LIFT)
www.oslc.org/

Steps to Respect
www.cfchildren.org/program_str.shtml

- **Federal Program Review Web Sites**

Blueprints for Violence Prevention, Center for the Study and Prevention of Violence
www.colorado.edu/cspv/blueprints/

Safe and Drug-Free Schools Program, U.S. Department of Education
www.ed.gov/admins/lead/safety/exemplary01/panel.html?exp=0

Substance Abuse and Mental Health Services Administration
modelprograms.samhsa.gov/

- **National Program Review Reports**

Choosing the Tools: A Review of Selected K-12 Health Education Curricula
notes.edc.org/HHD/products.nsf/products/87

Positive Youth Development in the United States: Research Findings of Positive Youth Development Programs
aspe.hhs.gov/hsp/PositiveYouthDev99/index.htm

Preventing Mental Disorders in School-Age Children: A Review of the Effectiveness of Prevention Programs
www.prevention.psu.edu/CMHSxs.htm

Resilience: Status of the Research and Research-Based Programs
www.mentalhealth.org/schoolviolence/5-28resilience.asp

Safe and Sound: An Education Leader's Guide to Evidence-Based Social and Emotional Learning Programs
www.casel.org/progrevfr.htm

Safe Schools, Safe Students: A Guide to Violence Prevention Strategies
www.drugstrategies.org/

School Health: Findings from Evaluated Programs
www.ashaweb.org